## Something fishy?

**Thermal Energy for Productive Use in Malawi** – **example of GIZ EnDev support to the fish processing sector** Presented at ETHOS 2020 by Christa Roth, foodandfuel consultant



energising development Agenda

endev

## **1 Wood consumption for fish processing in Malawi**

#### 2 Methods - Current, Recent Trials, Future plans

Methods	Sun-Drying	Smoking	Frying or parboiling
Current state & challenges	2.1.1	2.2.1	2.3.1
Recent trials	2.1.2	2.2.2	none
Future plans	2.1.3	2.2.3	2.3.3

**3 Way forward – cooperation&synergies, funding** 

## Wood consumption for fish processing

Annual wood consumption of cottage industries in Malawi (source: WISDOM study Malawi 2019, tons dry wood equivalent in 2016)

- 1. Brick making
   452,945
- 2. Tobacco curing93,106
- **3.** Fish smoking/drying**63,623**
- 4. Poultry industry34,787
- Double importance of fish value chain
  - Livelihoods (income generation on supply side)
  - Access to nutrition (proteins) for less affluent consumers
- Challenges

idev

- Depletion of resources due to overfishing on Lake Malawi
- Massive wastages by inadequate processing (22-40%?)



### **1 Use of firewood from indigenous forests:**

## Not sustainable!!!









- One layer of fish on elevated drying racks with sturdy reedmats, size 20 m x 1.5 m
- One employee to turn fish around constantly to allow air from all sides
- In hot weather fish dry to 10-20% moisture in 3-4 days, then ready for sale
- Prices in capital Lilongwe: 5 | bucket ca. 6-9 USD, shelf life of dried fish = 2 weeks



- Quality of reed mats matter: with time mats tend to soak up more water and spaces between reeds get blocked, hampering airflow
- Major challenges in rainy season when they cover the fish with black plastic. If rain continues for over 4 days, they might lose 100% of the batch due to rotting

#### 2.1.2 Sundrying – recent trials: SOLAR TENTS

Developed from 2015-2017 in Malawi with support mainly by CIDA by University of Malawi, WorldFish Centre, Fisheries Research Unit etc. Publication claims significant improvement of quality of dried fish.

endev

 Challenges deducted from publication only before site visit: cost 2,000 USD, low durability of clear plastic, large footprint and volume for little rack space, workers have to be inside the elevated heat, reduced regulation of airflow in tent



Figure 1: Picture of outside and inside view the design of the solar tent dryer that was adopted



- Tent built in 2017, totally destroyed, used only twice to dry fish
- Reasons for non-acceptance of the solar tent (according to people we found on site):
  - Location: Built on a beach too far away from the landing zones of fish, thus too tedious to haul the fish from the boats to the drier and back
  - Capacity: little rack space, can accommodate not even one persons drying needs



#### 2.1.3 Sundrying – Future plans (1)



Simply improve airflow from underneath replacing reeds with wire mesh

## 2.1.3 Sundrying – Future plans (2)

- Reduced outer shell at less cost, better relation to rack space
- Racks can be used in smokers and reduce handling of fish
- More vertical extension as heat rises

endev

- Preheating of incoming air (optional heating with biomass)
- Reduced relative humidity of incoming air, higher absorption capacity
- Enhanced airflow with forced draft
- Controllable airflow rate (adjustable speed)
- No exposure of workers to heat

Addition of solar PV powered fan to push air for enhanced air flow and drying capacity, Potential to add a biomass-powered heating source for night or rainy hours

More info and experience from GIZ EnDev https://energypedia.info/wiki/Solar\_Drying





#### 2.2.1 Smoking – Current status

*Challenges:* High wood consumption Low processing capacity Overcooking of fish PAH from dripping fat

- Enclosures without proper firechamber, fire wasted outside of the stove
- No splitting of wood
- Maximum 3 layers of wire-trays, little vertical extension to use rising heat
- Fish heated to temperatures exceeding 130 °

#### 2.2.2 Smoking – recent trials Malawi

- Trial for a smoking kiln done in Nsanje Observations by Christa Roth:
- Two firechambers are less effective as one as fire needs to be kept hot
- Airflow might not have been optimal
- A lot of metal in the structure, that might end up weakening the walls due to different thermal expansion coefficients





endev

Photos provided by Baird Chigora





## 2.2.2 Smoking – recent trials in Ghana by SNV



Photo credit: Elisha Moore-Delate





#### Photo credit: Christa Roth

#### 2.2.2 Smoking – recent trials in Ghana by FAO

Theory and practice- good idea but suboptimal design disregarding biomass burning principles and convenience for users

endev







#### 2.2.3 Smoking – Future plans

Apply principles like in Germany, US with smoking cupboard: Curing and smoking done in a 'cupboard' style enclosure in subsequent steps, with indirect heat and sand-pan to catch grease If possible hang fish to enhance airflow:

larger fish on hooks, small fish on a spit (model 'Kieler Sprotten')





#### **2.3.1 Frying – Current status**

- deep-frying of fish preferred method (quick, labour saving, fetches better prices in Lilongwe)
- Pre-drying in sun for 3-8 hours, then deepfrying in oil in metal basin on open fire, back on drying rack, market-ready in 24-36 hours

Challenge: High wood consumption High expenditure High exposure to heat for users

- Frying in wok (lid of oil drums), bath basins from galvanized sheets or pots (half drum)
- 10 bundles of firewood every day = 25 USD



endev







## **2.3.3 Frying – ongoing pilots:** 1<sup>st</sup> stove for wok

- Started with Fish frying: no prior attempts in Malawi,
- Existing proven design from Mayankho institutional stoves

-> Participatory development of innovative user-centred designs for fish frying, based on preferences in fishing community in Ngwalu, together with local partner Owen Mbilizi and company operating a fishing trawler

- Vessel shape: shallow wok
- Scoop size: larger scoop
- Ergonomy: raised position
- Sheltered fire (reduced heat exposure and danger)





# **endev**

#### 2.3.3 Frying – ongoing pilots: 2<sup>nd</sup> stove for 1/4 drum

Rationale: bigger scoop from existing foodgrade wire mesh

Feedback from first firing today (25.1.2020): VERY ENCOURAGING!

- Stoves easy and convenient to handle, no smoke, firepower sufficient
- Substantial savings of firewood (probably over 50%, tbd when stoves dry)
- Better quality of fish (less burns as fish in cage does not touch vessel)
- Oil stays cleaner as more fish particles get scooped out, savings on oil expected (tbd over a longer period of use)







#### 3 Way forward - cooperation&synergies, funding

#### **Fish Frying:**

endev

- Pilot is generally on the right track
- Finetune ¼ drum to address user feedback
- Expertise for further development available within EnDev

Next 2 weeks: 2 more stoves for ¼ drum

• Improve scoop of ¼ drum for easier handling, add handles

Next 2 months: > 20 stoves for ¼ drum

- Finetuning design with larger sample size, evaluate performance
- Determine unit cost (expected <100 USD) and cost-benefit analysis

Next 6 months: Get ready for roll-out

- Rollout with existing partners and funded programmes in the country
- Needed: R&D funds for refining prototypes to become market ready for commercialisation (beyond EnDev budget)

**Opportunity**:

Innovation of the

¼ drum now preferred

over Wok

# endev

### 3 Way forward - cooperation&synergies, funding

#### Drying and smoking:

GIZ/EnDev like to cooperate with others in developing solutions on drying and smoking, even for other countries However, this requires other expertise than cookstoves.

Thus the pressing questions:

- Who has expertise to contribute?
- Who can and wants to cooperate?
- Are there synergies with ongoing programmes?
- Who can lead to funding opportunities?

## **THANK YOU!**

Contact: Christa Roth <u>christa-roth@foodandfuel.info</u>



energising development